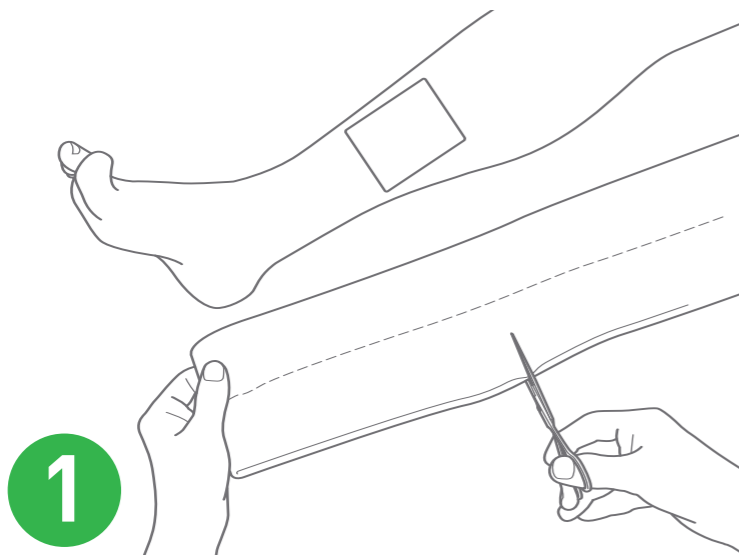


# Application techniques



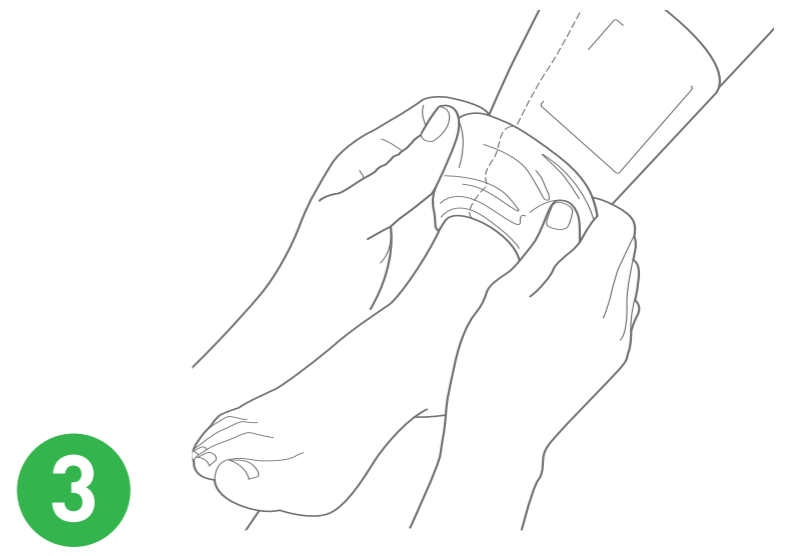
1

Tubifast 2-Way Stretch is a lightweight conforming stockinette which can be used for dressing retention in dermatological areas or as an undercast stockinette. To apply Tubifast 2-Way Stretch, all that is needed is a pair of scissors and a pair of hands. Simply cut off the required length.



2

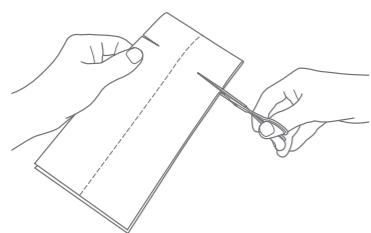
Stretch the piece of Tubifast 2-Way Stretch over the hands and over the affected limb, if securing a dressing. If full limb coverage is required, the Tubifast 2-Way Stretch is simply pulled or rolled on as a stocking.



3

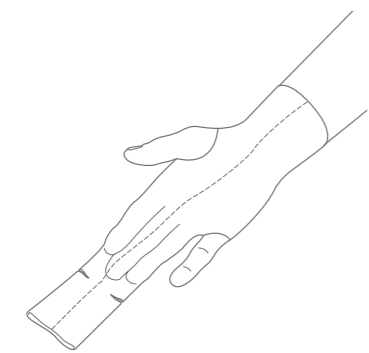
The Tubifast 2-Way Stretch covers the dressing and gives it a light, even, non-constricting pressure. It may be applied in a double layer, especially over joints for extra security, or the edges may be tucked under. Whichever method is used, Tubifast 2-Way Stretch is quick, easy and comfortable – it will stay in place and is non-constricting.

### Hand application



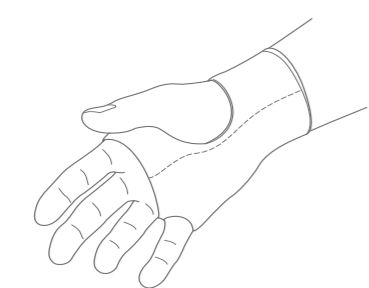
1

Measure from the metacarpals to just beyond the wrist, double and cut. Cut 2 holes about 5cm from the fold.



2

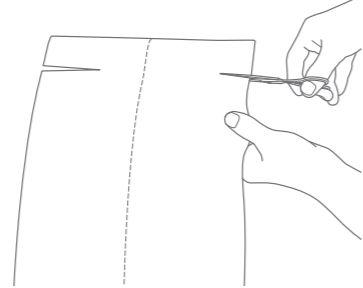
Pull Tubifast 2-Way Stretch onto hand and wrist, with the thumb and little finger coming through the holes provided.



3

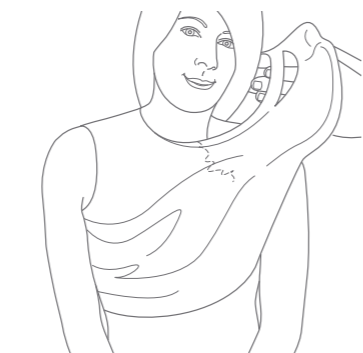
The remaining bandage is folded over, the middle three fingers coming through the remaining hole. The bandage and dressing are now secure.

### Vest application



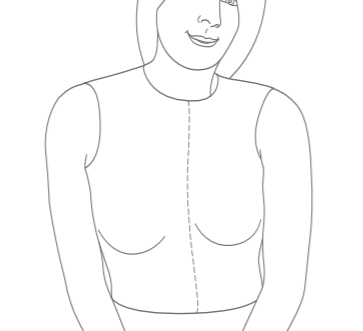
1

Take a piece of body size Tubifast 2-Way Stretch and measure from top of shoulder to waist. Cut holes about 10cm down, and 4-5cm in at either side.



2

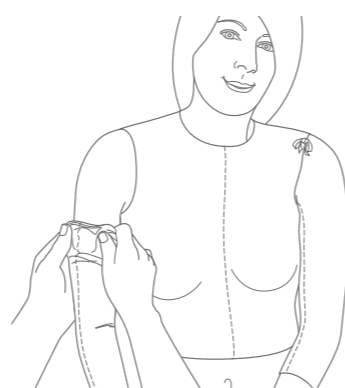
Pull the Tubifast 2-Way Stretch over the head, with the arms coming through the holes provided.



3

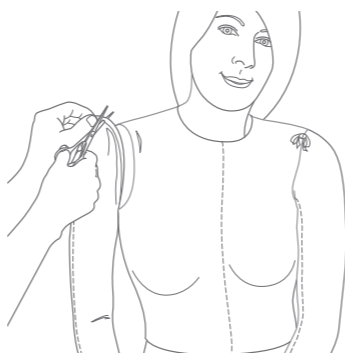
The Tubifast 2-Way Stretch is pulled into position to provide a vest. This application is ideal to hold dressings on the breast or back, and for dermatological use.

### Vest with sleeve



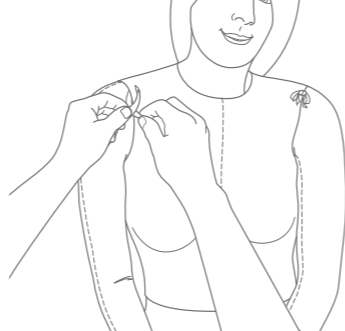
1

The body size is applied, as in the previous application, and a piece of arm-size Tubifast 2-Way Stretch is rolled onto the arm.



2

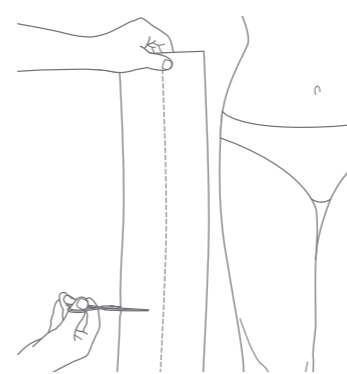
A cut is made underneath and on top of the arm, to provide two tails in the arm piece. Holes are made in the back and front of the vest, to secure the tails.



3

The tails are passed through the holes in the body-size Tubifast 2-Way Stretch and tied, to make an ideal sleeved vest for dermatology or undercast stockinette use.

### Hip bandage



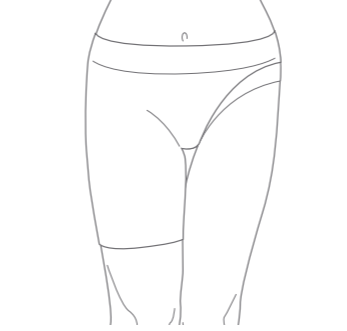
1

Measure a piece of trunk-size Tubifast 2-Way Stretch from waist to thigh and cut a hole approx. 15cm down.



2

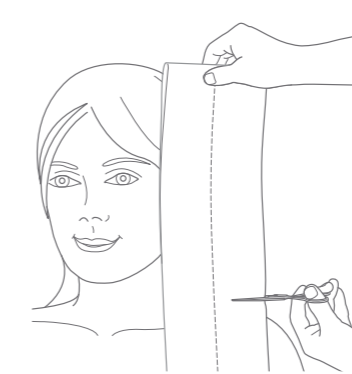
Pass the Tubifast 2-Way Stretch over the affected leg and pass the other leg through the cut hole.



3

The Tubifast 2-Way Stretch will now hold a dressing securely in position on the hip region.

### Head application



1

Measure from neck to top of head and double. Take a little extra (3-4cm) and cut. Fold into 2 equal halves and make a hole 5-6cm up, 2-3cm in.



2

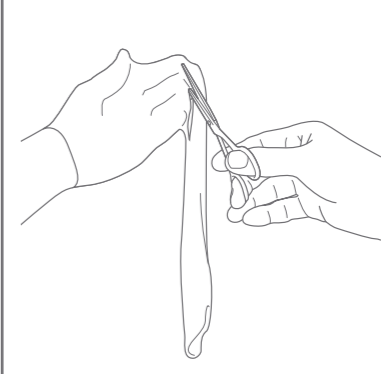
Pull over head, the face coming through the hole. Make a complete twist in the remaining bandage and repeat with second layer.



3

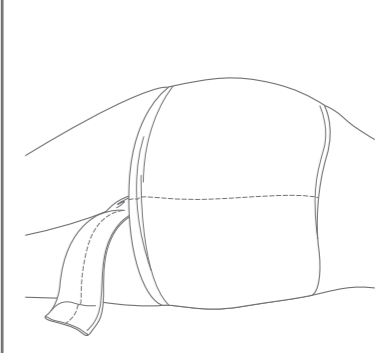
The head bandage is now completed and the dressing held securely in position.

### Perineum dressing



1

Measure from waist to mid-thigh and cut a hole halfway through the Tubifast 2-Way Stretch approx. 15cm up.



2

The Tubifast 2-Way Stretch is pulled up, both legs coming through the hole, with the remaining tail at the back.



3

The tail is brought between the legs, and holes are made in the body piece. The two ends of the tail pieces are passed through the holes and tied, securing the perineal dressing in place.

### Tubifast 2-Way Stretch

New Tubifast 2-Way Stretch is the world's first and only lightweight elasticated tubular bandage with radial and longitudinal stretch! This unique mode of action allows patients complete freedom of movement, with added comfort. Ideal for dressing retention and skin covering for any part of the body. It can also be used for patch wrapping and as an under-cast stockinette. Tubifast 2-Way Stretch holds dressings securely in place without the need for tapes, pins or ties. It is quick and easy to use, with less risk of fraying<sup>1</sup> than traditional tubular bandages.

Because of its tubular construction, Tubifast 2-Way Stretch is particularly suitable for holding dressings in place on difficult areas such as stumps of amputee patients.

If you are concerned about your condition, or your condition worsens, discontinue use and consult your healthcare professional.

### Tubifast 2-Way Stretch is packaged in single packs

Product	Art. No.	PIP code	NHS code	Limb	Width x Length
<b>RED LINE</b>	2480	005-0088	-	8-15 cm	3.5cm x 1m
Small limbs	2434	026-8698	EGP115	8-15 cm	3.5cm x 10m
<b>GREEN LINE</b>	2481	005-0039	-	10-25 cm	5cm x 1m
Small and medium limbs	2485	255-1885	-	10-25 cm	5cm x 3m
	3555	255-5803	-	10-25 cm	5cm x 5m
	2436	026-8680	EGP117	10-25 cm	5cm x 10m
<b>BLUE LINE</b>	2482	004-9924	-	20-45 cm	7.5cm x 1m
Large limbs	2486	255-1877	-	20-45 cm	7.5cm x 3m
	3556	255-5811	-	20-45 cm	7.5cm x 5m
	2438	026-6924	EGP119	20-45 cm	7.5cm x 10m

Product	Art. No.	PIP code	NHS code	Limb	Width x Length
<b>YELLOW LINE</b>	2483	023-6539	-	35-65 cm	10.75cm x 1m
Extra-large	2487	255-1869	-	35-65 cm	10.75cm x 3m
limbs, heads,	3557	255-5829	-	35-65 cm	10.75cm x 5m
children's trunks	2440	000-6221	EGP121	35-65 cm	10.75cm x 10m
<b>PURPLE LINE</b>	2479	324-1452	-	60-130 cm	20cm x 1m
Large adult	3558	324-1486	-	60-130 cm	20cm x 5m
trunks	2444	-	EGP017	60-130 cm	20cm x 10m



<sup>1</sup> Published data shows that Tubifast 2-Way Stretch exceeds the minimum requirement of longitudinal stretch for the actions of sitting, bending and flexing. Physical testing of textiles, B. P. Saville, Woodhead Publishing, 1999.

<sup>2</sup> Data on file.